From Minchoh and onwards

מן המנחה ולמעלה -

Overview

The גמרא poses a question why does our משנה state that (only) on ע"כ one may not eat מבר למנחה, when there is a ברייתא which states that no one should eat (even) on ע"ש ועיו"ט from מנחה onwards. תוספות explains why there is a question, when the answer is obvious that on ע"ש ועיו"ט one may not eat from מנחה onwards (but he may eat למנחה סמוך למנחה), while on ע"פ one may not eat even סמוך למנחה.

השתא סלקא דעתא דלאו דוקא אלא הוא הדין סמוך² למנחה³:

Now (at this point in the question) the assumption was that the term מן המנחה is not precise, but the same rule (prohibiting one to eat) applies even to סמוך למנחה.

Summary

מן המנחה was initially understood to mean from סמוך למנחה.

Thinking it over

What is תוספות teaching us; obviously at this point in the question [and also in the answer according to מן המנחה של we do not distinguish between מוך למנחה and both mean סמוך למנחה, otherwise there would be no question, so what do we learn from this תוספות $!^5$

¹ This, in fact, is the answer which רב פפא gives shortly in the גמרא. The issue is why is there even a question?!

 $^{^2}$ See סמוך למנחה that סמוך למנחה means a half-hour before מנחה.

³ If this is the assumption, the question then is quite clear.

⁴ The conclusion of the (ק,א) אמרא is that רב הונא offered the correct answer.

⁵ See also (מהרש"א (מהרוך). Perhaps there is another way to understand the ממרא' question even if we assume that מן is precise, and nevertheless the question of מאי איריא is valid, and חוספות negates this other approach.