A baker should not fill, etc.

לא ימלא נחתום כולי -

Overview

The ברייתא rules that a baker should not fill a barrel with water and place it in the oven right before תוספות explains the גזירה.

כדמסיק גזירה שמא יחתה -

As the גמרא concludes that the הכמים decreed that the baker may not do this, out of concern that perhaps he will stoke the coals –

תוספות responds to an anticipated difficulty:

-אף על פי שיש שהות הרבה להתחמם חיישינן שמא יצטנן און על פי שיש שהות הרבה להתחמם חיישינן שמא יצטנן Even though there is more than sufficient time for the water to be heated, nevertheless we are concerned that perhaps it will cool off and he will be מחתה - מחתה לחמם על אש רפה ויהא צריך לחתות:

Since it is customary to heat up the water on a low fire, and it may become necessary to be מחתה.

Summary

When things are heated on a low flame (even) for an extended period there is the ששי of היתוי of.

Thinking it over

What would be the rule if he placed it in the oven to be used Friday night, or שבת day?

 $^{^{1}}$ It seems from the מוצ"ש which states ואם עשה כן למוצ"ש, that he is heating the water for מוצ"ש (to use for kneading), so there is ample time for the water to be heated without stoking the coals. See "רא"ש סי' לד

² See footnote # 1. If it is intended for מוצ"ש they will probably use a small fire which requires stoking.